

# Welcome to the **Appalachian Trail** in Georgia

Have a better hiking experience by following a few simple steps to lessen your impact and maintain nature's beauty.

- Treat the trail like your home and the trail community as your family.
- Register your hike at [atcamp.org](http://atcamp.org)
- Dispose of waste properly; pack out all trash and food scraps. Dispose of human waste in a 8" deep "cat hole".
- Campsites/fires; camp in existing sites, preferably near shelters. Make fires in existing fire pits.
- Make sure food is stored to prevent animal intrusion, preferably in a bear resistant canister.

